



16.08.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
23.08.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
30.08.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
06.09.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
13.09.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
19.09.2022	MO	20.00-22.00	Schiri	SV Rehetobel – TV Schönengrund	Rehetobel
			Melanie, Sina		
20.09.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
27.09.2022	DI	20.30-22.30	Spiel	TV Appenzell 1 – VBG Wolfhalden	Appenzell
			Alex, Claudia, Deva, Jenny, Melanie, Silvia, Sina,		
04.10.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
11.10.2022	DI		Ferien		
18.10.2022	DI		Ferien		
25.10.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
01.11.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
07.11.2022	Mo	20.45-22.45	Spiel	SV Rehtobel – VBG Wolfhalden	Rehtobel
			Alex, Annie, Deva, Jenny, Melanie, Silvia, Sina,		
08.11.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
09.11.2022	MI	20.30-22.30	Schiri	SV Rehetobel – TV Teufen 1	Rehetobel
			Sarina, Deva		
15.11.2022	DI	18.30-20.00	Training	Junioren & -innen	



16.11.2022	MI	20.30-22.30	Spiel	TV Teufen 1 – VBG Wolfhalden	Teufen
			Alex, Annie, Claudia, Deva, Jenny, Sarah, Silvia, Sina,		
21.11.2022	DI	20.30-22.30	Spiel	TV Schönengrund – VBG Wolfhalden	Schönengrund
			Alex, Annie, Claudia, Deva, Jenny, Melanie, Sarah, Silvia, Sina,		
29.11.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen, Saison Halbzeit Treffen	
06.12.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
13.12.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
20.12.2022	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
27.12.2022	DI		Ferien		
03.01.2023	DI		Ferien		
10.01.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
17.01.2023	DI	20.30-22.30	Spiel	VBG Wolfhalden SV – Rehetobel	Wolfhalden
23.01.2023	MO	20.30-22.30	Schiri	SV Rehetobel – TV Appenzell 1	Rehetobel
			Sarina, tbd		
24.01.2023	MO	20.30-22.30	Spiel	VBG Wolfhalden – TV Schönengrund	Wolfhalden
31.01.2023	DI		Ferien		
07.02.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
14.02.2023	DI	20.45-22.45	Spiel	VBG Wolfhalden – TV Appenzell 1	Wolfhalden
15.02.2023	MI	20.30-22.30	Schiri	TV Teufen 1 – SV Rehetobel	Teufen
			Jenny, Silvia		



21.02.2023	DI	20.45-22.45	Spiel	VBG Wolfhalden – TV Teufen 1	Wolfhalden
28.02.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
07.03.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
12.03.2023	SO	Ganzer Tag	Spiel	Schlussrunde	
14.03.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
21.03.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
28.03.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
04.04.2023	DI		HV		
11.04.2023	DI		Ferien		
18.04.2023	DI		Ferien		
25.04.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
02.05.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
09.05.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
16.05.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
23.05.2023	DI		Ferien		
30.05.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
06.06.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
13.06.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	

SAISONPLAN

20.06.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
27.06.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
04.07.2023	DI	18.30-20.00	Training	Junioren & -innen	
		20.00-22.00	Training	Damen	
22.08.2023	DI		Saison Vorbereitung		